University of Regina

DR. PAUL SCHWANN APPLIED HEALTH AND RESEARCH CENTRE

POPAT/PARE Training

The Dr. Paul Schwann Centre performs official testing for Police Officers, EMS, Saskatchewan Justice, Canadian Armed Forces, Conservation Officers, Firefighters, and Highway Traffic Officers.

What: POPAT/PARE Training Program (everyone welcome)

Where: Exercise & Workplace Health Services (DPSC) – U of R

When: 8 week program (various start dates throughout the year)
Tues/Thurs (7-8 am)

* **Upcoming Class Start Dates:** **Oct 20/11**
(meet in front of Gym #1) **Jan 3/12**

Cost: $150.00 (privileged parking available)

Eliminate your fears and let us help you prepare for your testing!

The 8 week training program includes:

- training from DPSC trainers who perform the official testing
- 2 full course set ups guaranteed
- access to exact equipment used during testing
- training at official testing location

**20 spots maximum!*
Call 585-4004 to reserve your spot today.

More than a one hour service…
It's a Lifestyle!